



Healthy Michigan Voices

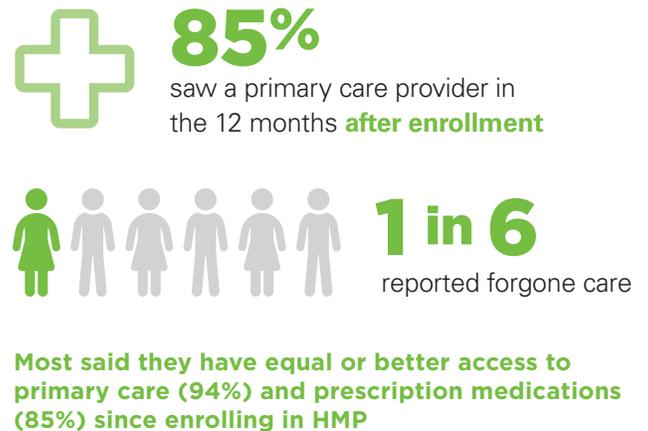
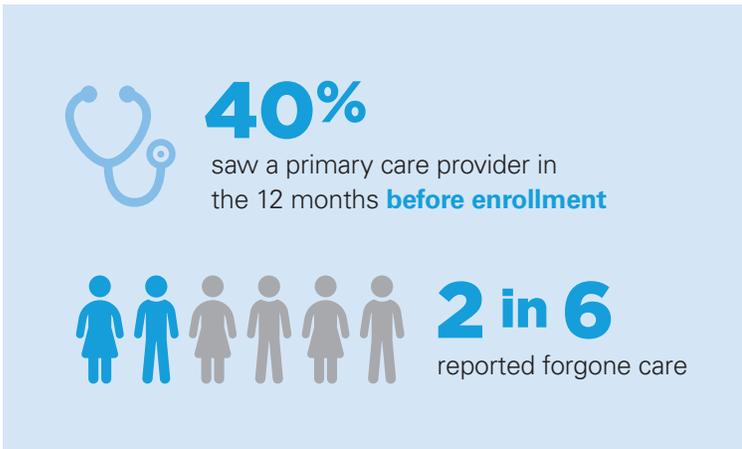
Findings from a survey of Healthy Michigan Plan enrollees

The 2016 Healthy Michigan Voices survey was conducted by telephone January–November 2016 as part of the Healthy Michigan Plan (HMP) evaluation. Complete survey data was collected for 4,090 individuals who were currently enrolled in HMP managed care and who had at least 12 months of enrollment. 52% of the respondents were women; 74% were between 19 and 50 years old; 61% identified as white, 26% as black or African American, 9% other, and 4% more than one race. Nearly 60% did not have insurance at any time in the year before enrolling in HMP.

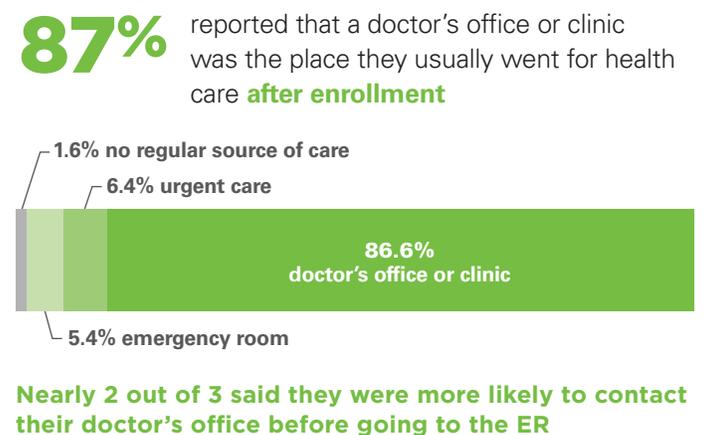
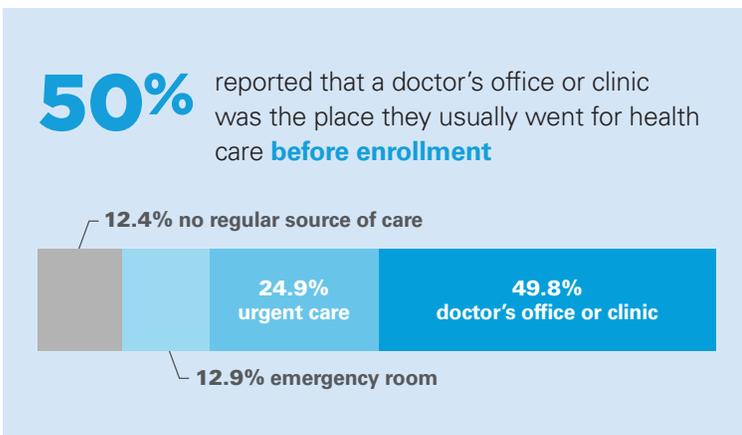
The University of Michigan Institute for Healthcare Policy and Innovation is partnering with the Michigan Department of Health and Human Services (MDHHS) to conduct a long-term evaluation of the Healthy Michigan Plan (HMP), Michigan’s Medicaid expansion program. Domain IV of the evaluation includes a series of surveys called Healthy Michigan Voices.

ACCESS TO CARE

ACCESS TO CARE AT THE RIGHT TIME



ACCESS TO CARE AT THE RIGHT PLACE





HEALTH AND WELL-BEING

CHANGE IN HEALTH STATUS SINCE ENROLLING IN HMP



48% reported improved physical health



40% reported improved dental health



38% reported improved mental health

CHRONIC HEALTH CONDITIONS



69% reported they have a chronic health condition

- 95% of those with a chronic condition saw a primary care provider in the past 12 months
- Enrollees with chronic health conditions were more likely to report getting a flu shot, not drinking sugary drinks, exercising every day, and not engaging in unhealthy alcohol use



30% of all respondents reported that they had a newly diagnosed health condition since enrolling

HEALTHY BEHAVIORS



52% reported greater ability to get help staying healthy or preventing health problems since enrolling



75% of those who used tobacco products said they wanted to quit and 91% of those were working on cutting back or quitting



81% of those who completed a Health Risk Assessment (HRA) reported choosing to work on at least one health behavior

FINANCIAL WELL-BEING



89% agreed that the amount they pay for HMP is affordable



86% of those who had problems paying medical bills before HMP reported that their problems paying medical bills had gotten better



49% of respondents reported being employed or self-employed

- 69% of employed respondents said having HMP helps them do a better job at work



28% of respondents reported being out of work

- 55% of those out of work said having HMP made them better able to look for a job



The Regents of the University of Michigan

Michael J. Behm, Mark J. Bernstein, Shauna Ryder Diggs, Denise Ilitch, Andrea Fischer Newman, Andrew C. Richner, Ron Weiser, Katherine E. White, Mark S. Schlissel, ex officio.

The University of Michigan is a Non-discriminatory, Affirmative Action Employer.

© June 2018, The Regents of the University of Michigan